



We invite you to drink in the divine nectar of aromatic love and let it penetrate you in the deepest, most profound ways. Trust that the oils are working side-by-side to heal, regenerate, and teach you. The more you use them, the more they'll reveal their secrets to you.

**Scentifique**  
philosophy of wellbeing

## ROOSLANA ZODEK

Certified Aromatherapist & Holistic Nutritionist  
Certified Reiki Master



SCAN QR CODE TO  
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AROMATHERAPY CONSULTATIONS  
OLFACTORY CONSULTATIONS  
HOLISTIC NUTRITION CONSULTATIONS  
REIKI THERAPY  
NATURAL SKINCARE PRODUCTS



### What is Aromatherapy?

The practice of aromatherapy uses natural plant extracts, such as essential oils, hydrosols, and carrier oils, in a variety of ways to heal the body, mind and spirit. It is the promotion and harmonization of emotional, physical and spiritual health through the application of these extracts. Aromatherapy is described as both an art and a science because it takes the knowledge of the scientific aspects of the plants and oils and combines it with the art of producing a beneficial blend. Basically, a successful aromatherapy blend is a synergy of science, art, and the practitioner's knowledge of both, and how to apply it. Aromatherapy can be used topically and via inhalation.

### What is a Holistic Nutritionist?

Holistic Nutrition is a natural approach to health that uses evidence-based techniques for diet, lifestyle and detoxification. Instead of focusing on just one aspect of the person, or taking a one size fits all methodology, holistic nutrition evaluates the complete health history, emotional state, lifestyle habits and current diet habits of an individual to determine the root cause of his or her health issues.

### What is Reiki?

Reiki is a Japanese technique for stress reduction and relaxation that also promotes healing. It is administered by "laying on hands" and is based on the idea that an unseen "life force energy" flows through us and is what causes us to be alive. If one's "life force energy" is low, then we are more likely to get sick or feel stress, and if it is high, we are more capable of being happy and healthy.

### What is Olfactory Aromatherapy?

Salvador Dali said that smell was, among our five senses, the one that gave us the "best impression of eternity."

Olfactotherapy or Olfactory Aromatherapy is a therapeutic area that synthesizes the principles of psychotherapy and aromatherapy by exploring the link between smell and memory. This is one of the most exciting techniques that evoke deep memories, which could often be blocked by consciousness.

The ability to smell is the only sensory sensitivity that is not subject to our will. Unconsciously breathing, we collect olfactory (smell) information that affects our emotional, social and mental development and subsequently keep this feeling in the depths of our brain.

These emotional roadblocks can be big or small as your body makes an unconscious decision. If we find a way to restore certain events and feelings from the past, we could positively impact our emotional and physical state today, launch a "self-healing program," and live our best life!

This is what we do during the Olfactotherapy session. We use the sense of smell and essential oils to gain access to the necessary emotional states and we work together to remove emotional blockages that hold you back from a happier life.

Olfactory therapy has become popular these days as "smell training" due to its ability to help in regaining a sense of smell after the Covid-19 recovery.



## Why SCENTIFIQUE?

SCENTIFIQUE Holistic Wellness Centre's driving purpose is to create a positive and natural change for a happier and healthier tomorrow.

We would love to share our experience and knowledge in Aromatherapy, Reiki, and Holistic Nutrition to improve your well-being, the same way we do it in our family.

At SCENTIFIQUE Holistic Wellness Centre, we believe that life is meant to be enjoyed. That's why all our products are crafted with joy and passion in small batches daily, upon request, to provide our customers with the ultimate freshness and ingredients transparency.

Every single ingredient we use adds beneficial value to you. That's because we use only the highest quality and mostly organic ingredients. As well, all our products are enriched with Reiki healing energy. Combination of highest quality ingredients and healing energy creates the best purity of nutrients for the body, mind and soul. We offer over 100 different essential oils, carrier oils, butter, and botanical extracts. There's something for any health condition and scent preference.

Every bottle of essential oil that we use was picked after checking the GC/MS report to ensure its highest quality. The majority of our raw materials originate in France, Middle East and North America.

Our Boutique products are the same products we use for ourselves, our family and friends. Moreover, all our services are provided by highly experienced and certified professionals. We hope you enjoy our products and services, and we look forward to seeing you soon!

  
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